

# DERMATOLOGY + PLASTIC SURGERY

*For Your Best Self*

ANITA SALUJA, MD | REBECCA NOVO, MD

## Electrodessication and Curettage

Electrodessication and curettage (EDC) is a procedure done to treat certain early or superficial skin cancers in order to avoid more extensive surgery. The skin cancer cells are scooped away with an instrument called a curette, and the base and edges of the wound are lightly burned for a margin of safety. Sometimes liquid nitrogen is used to destroy the base and edges instead of the electrosurgical tip. EDC is performed in the office with a local anesthetic. The whole procedure takes less than 10 minutes.

### **Dr. Saluja's Pre-Procedure Instructions**

Please read carefully

Discontinue preventative use of aspirin, vitamin E, fish oil, any herbal products or health store supplements for 7 days prior to the procedure date. You may resume these 2 days after the EDC procedure. If you have had a stroke or have a serious heart condition such as a previous heart attack or stent, continue taking your aspirin.

If you are on any prescribed blood thinner medications, continue these.

Reduce or stop smoking as soon as possible as this slows wound healing.

Avoid applying makeup or creams near the area to be treated 24 hours prior to the procedure date.

If you have a pacemaker or defibrillator or if you're allergic to local anesthetics, iodine, latex, topical antibiotics, or adhesive bandages, please inform us.

Please call the office at (321) 241-1160 with any further questions.

**A Note on Scarring:** EDC procedures often leave scars that are lighter than the rest of your skin. If you would like for us to review your scar prevention and treatment options at your visit, please do not hesitate to communicate with us. Our goal is to make your skin healthy and beautiful.