

PROCEDURE HIGHLIGHT: BLEPHAROPLASTY



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WHAT TYPE OF PROCEDURE IS BLEPHAROPLASTY?

Blepharoplasty, or eyelid surgery, is a cosmetic procedure that removes fatty tissue and excess skin from the area surrounding the eyes, creating a smoother and more youthful-looking facial contour. This procedure effectively removes puffy bags that accumulate around the eyes and trims back loose sagging skin in the eyelids that impart an aged and tired appearance and, in many cases, obstructs vision.

HOW CAN BLEPHAROPLASTY IMPROVE MY APPEARANCE?

Blepharoplasty surgically removes excess loose skin that accumulates in the eyelids and around the eyes and can be safely performed on the upper or lower eyelids, or both. In some cases, sagging and drooping eyelids may actually impair a person's ability to see well. Puffy bags under the eyes and sagging skin in the eyelids also makes people look older. Most blepharoplasty patients report feeling dramatically rejuvenated after the procedure, and many report that their vision has improved after removing excess skin that was affecting their ability to open their eyes properly.

HOW DO I KNOW IF I AM ELIGIBLE FOR BLEPHAROPLASTY?

Blepharoplasty may be performed on almost any adult in good health, but patients with certain medical conditions affecting the eyes and vision, such as glaucoma, may be advised to forego this procedure. Also note that blepharoplasty removes excess skin from the eyelids, but does not eliminate wrinkles and "crows feet" at the corners of the eyes. In order to treat other concerns, blepharoplasty may be performed in combination with a [brow lift](#) or other facial procedures. If you feel that your vision may be impaired by droopy upper lids, your eye doctor can perform visual field testing to see if you may qualify for blepharoplasty.

WHAT HAPPENS DURING BLEPHAROPLASTY?

Although blepharoplasty is a delicate procedure requiring the skill of an experienced surgeon, the surgery is considered minimally invasive and may be completed in less than three hours using general or local anesthesia. The surgeon creates incisions in the eyelid's natural creases through which excess fatty tissue is extracted, and loose, sagging skin is trimmed away to create a smooth, youthful appearance. Dressings will be applied over the incisions immediately following surgery.

WHAT SHOULD I EXPECT AFTER BLEPHAROPLASTY?

Most patients require a week to recover from blepharoplasty. Our team may also prescribe antiseptic eye drops or ointment that you may use to prevent any infection and alleviate any discomfort during the recovery period. You will be advised to keep your head and neck elevated during this period. You should allow the eyes to rest as much as possible during this period by getting plenty of sleep and avoiding any undue eye strain, such as extended exposure to digital screens.

SAVE THE DATE!

OUR PATIENT APPRECIATION EVENT IS
NOVEMBER 5TH FROM 2PM – 5PM

+

[CLICK HERE](#) TO REVIEW OUR BEFORE AND
AFTER BLEPHAROPLASTY GALLERY

VIEW


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email foryourbestself@gmail.com to schedule.

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