

DERMATOLOGY +
PLASTIC SURGERY

For Your Best Self

ANITA SALUJA, MD | REBECCA NOVO, MD

A FOREFRONT PRACTICE



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FAQs on Breast Implants with Dr. Rebecca Novo

Choosing to enhance your appearance with breast implants is a personal and exciting decision, but it's natural to have questions along the way. From understanding the types of implants available to knowing what to expect during recovery, we're here to provide clarity and peace of mind. In this section, we've compiled answers to some of the most frequently asked questions about breast implants, empowering you with the knowledge to make informed choices about your procedure.

Do I need to replace my implants every 10 years?

No! Our data has shown us that the "average timespan" of any implant is approximately 10 years, and we only encourage surgery if patients have ruptured/leaking implants or want them removed.

How would I know that my implants are ruptured/leaking?

With saline implants, it's simple: the implant will deflate, and your body will absorb the sterile saline (saltwater). With silicone, typically, the surrounding pocket/capsule may harden or be tender, or the breast will change shape slowly over time. The gold standard is MRI to evaluate the silicone implant integrity.

How often should I have imaging for my breast implants?

Fortunately, no extra imaging needs to be done for saline implants. With silicone implants, however, it is advised that: outside of standard breast imaging (mammography) after 40 years of age/based on your family history and risk factors, every FIVE years post-implantation the FDA and American Board of Plastic Surgeons recommends an ultrasound if asymptomatic, or an MRI if a patient is experiencing any changes in the breast shape or discomfort.

FEB

A close-up portrait of a young woman with long, wavy brown hair and blue eyes, smiling warmly at the camera. She is wearing a dark top. The background is a soft, out-of-focus grey.

**START THE
NEW YEAR
WITH HEALTHY
HABITS**

GET YOUR SKIN CHECKED!

Did you know that skin cancer is the most common form of cancer in the US? The good news is that it's also one of the most treatable when caught early.

At Dermatology + Plastic Surgery, we're committed to your skin health. Whether it's a suspicious mole, changes in your skin's appearance, or just time for your annual checkup, our dermatology team is here to help.

Here is why scheduling an annual skin check is important to your health:

Regular skin examinations can detect skin cancer in its early stages when it's most treatable. The estimated five-year survival rate for patients whose melanoma is detected early is over 99 percent.

Skin cancer is one of the most common types of cancer, affecting one in five Americans by age 70. Given its prevalence, regular screenings are essential for maintaining overall health.

Early detection through skin checks significantly increases the chances of successful treatment and recovery.

Having 5 or more sunburns doubles your risk for melanoma.

Take control of your skin's health!

Whether it's your very first skin check or it has been a while since your last one, make 2025 the year you start a healthy habit. **Don't wait; schedule your skin check today!**

SCHEDULE MY SKIN CHECK

or call 321.241.1160

CONNECT WITH US



6559 N Wickham Rd, Suite C-105, Melbourne, FL 32940

420 5th Ave, Indialantic, FL 32903

321.241.1160