

# OUR STORY

---

Our shared goal is to create an uplifting environment while educating, guiding, and treating our patients skillfully and synergistically through lifelong relationships. Raised in the same small hometown of Sault Ste. Marie, Michigan where integrity, community, and relationships are fundamental, Drs. Saluja and Novo carry these values into the foundation of Dermatology + Plastic Surgery. Drs. Saluja and Novo, both board certified physicians, have combined over 40 years of top notch training and practice to bring you the best of two worlds.

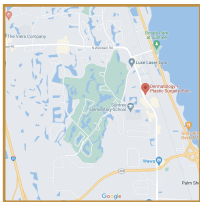
## AREAS OF EXPERTISE

---

- Scientific Skin Care & Retail Store
- Aesthetician Treatments / HydraFacial®
- Radiofrequency Microneedling
- Mole Checks & Skin Cancer Screening
- Mohs & Skin Cancer Surgery
- Lip Enhancement Experts
- Botox®, Daxxify, Fillers®, Bellafill, & Sculptra®
  - Top 1% Volume Practice in the Country
- Y Lift® & BeautiPHication® Certified Injections
- Facial & Eyelid Surgical Rejuvenation
- Kybella® & Neck Surgical Rejuvenation
- Breast Enhancement
- Liposuction
- Laser Resurfacing & BBL Forever Young®
- Laser Vaginal Treatment & Hair Removal
- Renuvion® & MyEllevate®
- Sofwave™ and Ellacor Skin Lifting
- PDO Thread Lifts (Bussolyft®)

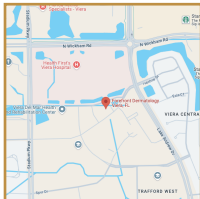
## CONTACT US

---



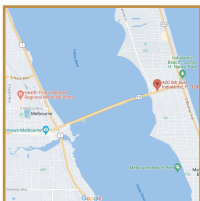
### Melbourne Location

6559 N Wickham Rd.  
Suites C-105, F-101, F-102  
Brevard Medical City  
Melbourne, FL 32940



### Viera Location

2305 Vidina Dr  
Suite 102  
Melbourne FL 32940



### Indialantic Location

420 5th Ave  
Indialantic, FL 32903

**Phone:**  
321-241-1160

**Email:**  
[info@foryourbestself.com](mailto:info@foryourbestself.com)

**Register for our Newsletter:**  
[www.ForYourBestSelf.com](http://www.ForYourBestSelf.com)

**Skin Store:**  
[www.foryourbestskin.com](http://www.foryourbestskin.com)

**Follow Us:**



/drsaluja



@drsaluja\_drnovo



drsaluja\_drnovo



For Your Best Self Podcast

# FOR YOUR BEST SELF.

WELCOME TO

---

DERMATOLOGY +  
PLASTIC SURGERY  
*For Your Best Self*

ANITA SALUJA, MD | REBECCA NOVO, MD

A FOREFRONT PRACTICE



We believe in meaningful patient connections through skillful, safe, and synergistic care. Our care comes with something special: dermatologists + plastic and reconstructive surgeons. We invite you to visit our fresh, modern practice.

SKILLFUL. SAFE. SYNERGISTIC.

# DERMATOLOGY

Dr. Anita Saluja

- #1 Volume + Most Experienced Botox®, Dysport, Filler, & Sculptra Injector in Central Florida
- Practicing on the Space Coast since 2001
- Board-Certified by the American Board of Dermatology
- Alpha Omega Alpha Medical Honor Society
- Dermatology Residency - Emory University
- Medical School - University of Michigan
- Bachelor of Science in Mathematics at Age 15



## DR. SALUJA TIPS & TRUTHS



1

1 in 5 Americans get skin cancer. Please get checked. Our unique Eryfotona Actinica SPF prevents pre-cancerous changes, giving your skin a new chance.

2

Dr. Saluja's insider secret to a youthful face is The Sculptra® Signature Lift. Sculptra® stimulates YOUR collagen.

3

Did you know that facial volume loss begins in your 30s? My goal is to skillfully inject so that you look like you were born lucky.

4

Enriched with powerful age fighting antioxidants & essential fatty acids, SalujaMD Luminosity+ Organic Oil balances and hydrates. Safe for face & body means you can apply, enjoy, and glow!



5

Patients call my numbing ointment "the magic cream". I believe in pain-free when possible. Ask us about options.

6

For natural appearing, enhanced, beautiful lips, Dr. Saluja maps out her injections with precision and charm. She uses The Golden Ratio as her guide for your possibilities.



7

Men & millennials welcome! You are the fastest growing skin health and anti-aging market. Men don't want to look tired and, for millennials, prevention is key. #foryourbestself

8

Your best skin happens by appointment - We offer consultations, chemical peels, Hydrafacials, PRP (platelet rich plasma), microneedling, BBL Forever Young, radio frequency, lasers, Sofwave™, exosomes and more. Alastin™ Skin Regenerating Nectar is our advanced treatment addition.

9

Grow old gracefully but not passively. Dr. Saluja's Y Lift® is a special, instant, non-surgical facial lifting, filling and sculpting treatment using injectables (Juvederm®, Voluma®, etc.). Look younger, more beautiful, and restored.



# PLASTIC SURGERY

Dr. Rebecca Novo

- Completed 8 years of comprehensive surgical training: 5 in General Surgery, Wayne State University, Detroit, Michigan; 3 in Plastic & Reconstructive Surgery, University of Miami, Miami, Florida.
- Graduated Summa Cum Laude from Lake Superior State University as captain of her championship college basketball team.
- Top #10 in U.S. for Ellacor Micro-coring treatments



## SURGICAL PEARLS

### FACE + NECK

The strength of our practice is the synergistic relationship of our team to optimize your skin in preparation for surgery, through recovery and beyond. To get the best results, maintenance is A MUST, using customized medical grade skin care, and laser resurfacing in combination with surgery. Did you know upper eyelid surgery can be performed safely in our office? We also offer breakthrough procedures: MyEllevate suture suspension for neck and jawline definition, and Ellacor micro-coring incisionless skin removal for lower face and neck lifting.

### LASER RESURFACING + HETTER PEEL

We use the latest medical skin care products to achieve faster recovery, minimize pain, and maintain lasting results that continue to improve over time. A single treatment can make you look 10 years younger while also reversing sun damage and reducing precancerous keratoses. We provide customized laser resurfacing procedures comfortably in our office.

### BREAST

We identify your individual goals and create a customized plan. Breast lifts, augmentations, and reductions are performed safely at an accredited surgery center. We proudly use the Keller Funnel®!

### BODY

Liposuction is the #1 procedure in the US and in high demand. Liposuction can be performed safely with abdominoplasty and breast surgery to sculpt your body 360 degrees. We combine all liposuction with Renuvion skin tightening radiofrequency technology for your best self.

### ELLACOR MICRO-CORING

Performed safely and comfortably in the office with local anesthesia, Ellacor uses hollow needles to remove micro-cores (columns of skin), resulting in an improved appearance of moderate and severe wrinkles without scarring. Consistently concealable within 3 days of recovery, patients love this alternative to surgical skin removal. Our practice remains in the top #10 in the US for Ellacor procedures performed.

## SAFETY, COMFORT AND RECOVERY

All major procedures are performed at AAAASF accredited surgical facilities with anesthesiologists. I ensure your comfort with long-acting EXPAREL®. Recovery varies by procedure, typically ranging from 1-3 weeks. For breast and body procedures, allow six weeks of light activity to achieve the best healing of incisions. Visibility of scars is minimized by strategic location, application of Scar Recovery Complex™, and Alastin ReFORM & RePAIR Complex with TriHex Technology®.